



Letter to the Editor

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Nocardia and mucoral co-infection in heart transplant recipient

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Sir,

Bacterial and fungal coinfection presents a significant diagnostic and therapeutic challenge in solid organ transplant recipients. This case involves a heart transplant recipient who developed pulmonary consolidation and multiple brain lesions. *Nocardia farcinica* was isolated from a subcarinal adenopathy, but despite targeted treatment, new lesions appeared in the lungs, brain, and stomach. Additionally, *Cunninghamella* spp. was detected in a bronchoalveolar lavage, leading to a complicated clinical course.

A 64-year-old male underwent heart transplantation in March 2022 for ischemic cardiomyopathy. The patient received induction therapy with basiliximab (2 doses) and was on immunosuppressive therapy with tacrolimus 1,5 mg every 12 hours (last levels 9.7 ng/ml), everolimus 0,5 mg every 12 hours (last levels < 0.30 ng/ml), and prednisone 15 mg per day. In October 2023, he was admitted for Ogilvie syndrome following a hernioplasty, where he received meropenem due to respiratory symptoms and radiological findings (Figure 1A). A follow-up computed tomography (CT) revealed a decrease in consolidation after treatment, along with a subcarinal adenopathy (Figure 1B). Despite initial improvement, the patient's condition deteriorated, leading to readmission and further diagnostic challenges.

A transbronchial biopsy of the subcarinal adenopathy performed on day +7 of admission revealed the presence of *N. farcinica* in the culture, leading to targeted therapy with cotrimoxazole 1600/320 mg every 8 hours and meropenem 1 g every 8 hours. However, the patient's clinical condition continued to deteriorate, with the development of multiple abscesses detected on brain magnetic resonance imaging (MRI) performed on day +21 of admission (Figure 1C). Suspecting

disseminated nocardiosis, the dosage of meropenem was increased to 1,5 g every 8 hours, but the patient's condition worsened further. On day +24, the patient exhibited a reactivation of cytomegalovirus (CMV) infection with 8800 copies/ml. A follow-up chest CT scan on day +35 showed worsening consolidation in the left upper lobe with cavitation and involvement of the right upper lobe. The serum levels of Wako beta-D-glucan were 37.84 pg/ml, and galactomannan was negative. Suspecting an invasive fungal superinfection, liposomal amphotericin B was started at a dose of 5 mg/kg/24h. Additionally, moxifloxacin was added to the meropenem and cotrimoxazole regimen due to concerns about *Nocardia* progression.

Further complications arose, and the patient required admission to the Intensive Care Unit (ICU) on day +39. Complications included gastrointestinal bleeding, respiratory distress, and neurological deficits. A cranial CT scan revealed a subacute ischemic lesion newly appearing in the left parietal area, with improvement of the previous lesions observed on the MRI. Additionally, an endoscopy showed multiple necrotic gastric ulcers. Due to the progression of the condition, the patient continued to receive an antibiotic regimen for *Nocardia* consisting of cotrimoxazole, imipenem, and amikacin. The antifungal treatment was changed to isavuconazole after *Aspergillus fumigatus* was isolated from a sputum culture taken on day +35. A subsequent bronchoalveolar lavage on day +41 revealed non-septate mycelia consistent with mucorales and the isolation of *Cunninghamella* spp. in the culture. Surgical intervention for suspected disseminated mucormycosis was ruled out by the thoracic surgery department at that time. Despite intensive medical support and treatment in the ICU, the patient deteriorated rapidly and passed away on day +45 of hospitalization.

A clinical autopsy confirmed the presence of mucormycosis in the lungs, gastric ulcers, spleen, and central nervous system, as well as *Nocardia* infection in lymph nodes and the central nervous system (Figure 2). The cause of death

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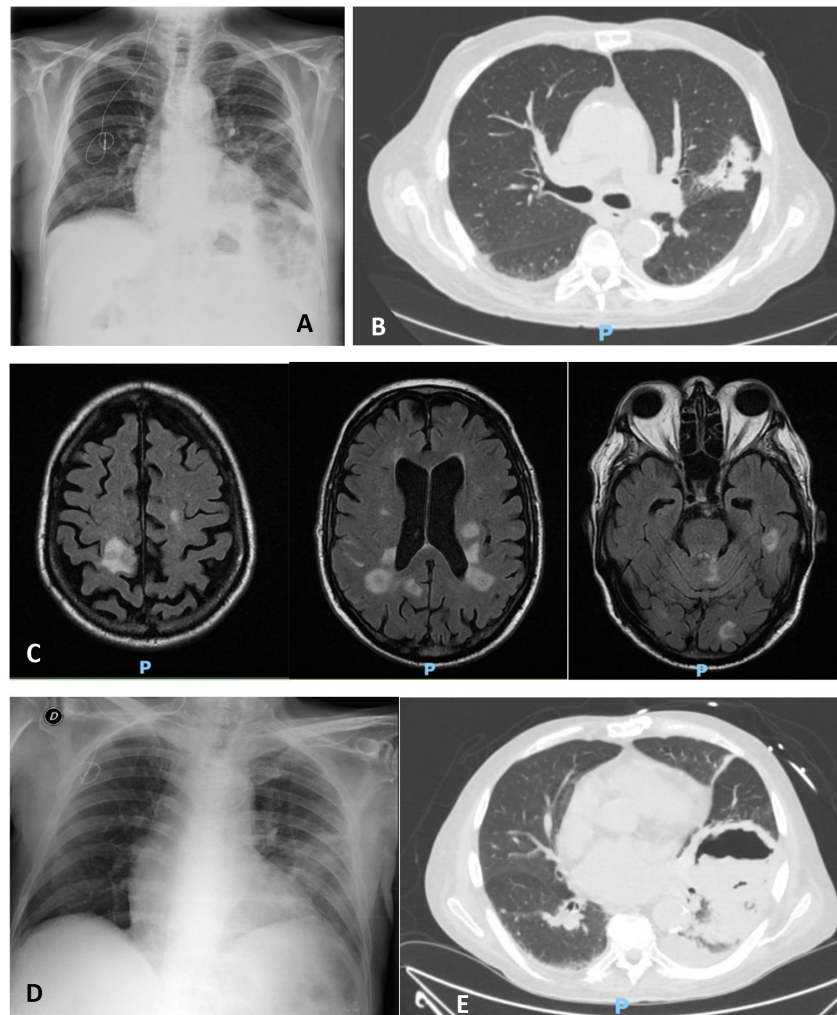


Figure 1 Image A presents a chest X-ray performed on day +4 of the previous admission, due to dry cough and fever. It shows a subsegmental parenchymal consolidation with air bronchogram in the left upper lobe (LUL). Image B presents a CT scan performed on day +10 of the last admission, due to dry cough and fever. The CT scan reveals a decrease in consolidation after 5 days of antibiotic treatment, along with a subcarinal adenopathy cluster. Image C: Brain MRI performed on day 21 of admission, showing 2 infratentorial and 20 supratentorial lesions. These lesions are ring-shaped, subcentimetric, and associated with vasogenic edema. The FLAIR sequence depicts signal hyperintensity in some right convexity sulci, suggestive of meningitis. Image D shows the patient's chest X-ray 7 days after discharge, revealing progression of pulmonary consolidation in the left upper lobe. Image E shows a control chest CT on day +35 of the new admission, depicting worsening lung lesions. Extensive consolidation in LUL with a large area of cavitation, cavitating satellite nodules, and contralateral involvement of the RUL, all consistent with necrotizing pneumonia.

was attributed to invasive fungal infection by mucormycosis, highlighting the challenges of managing co-infections in transplant recipients. This case underscores the complexities involved in diagnosing and treating concurrent mucormycosis and *Nocardia* infections. Differential diagnosis considerations include opportunistic infections, neoplasms, and interstitial

lung disease [1]. *Nocardia*, a member of actinomycetes, presents diagnostic challenges, emphasizing the need for comprehensive diagnostic approaches such as fibrobronchoscopy [2,3]. Mucormycosis, known for its aggressive nature, requires prompt diagnosis through biopsy for direct microscopy, culture, and histopathological examination [4]. This patient exhib-

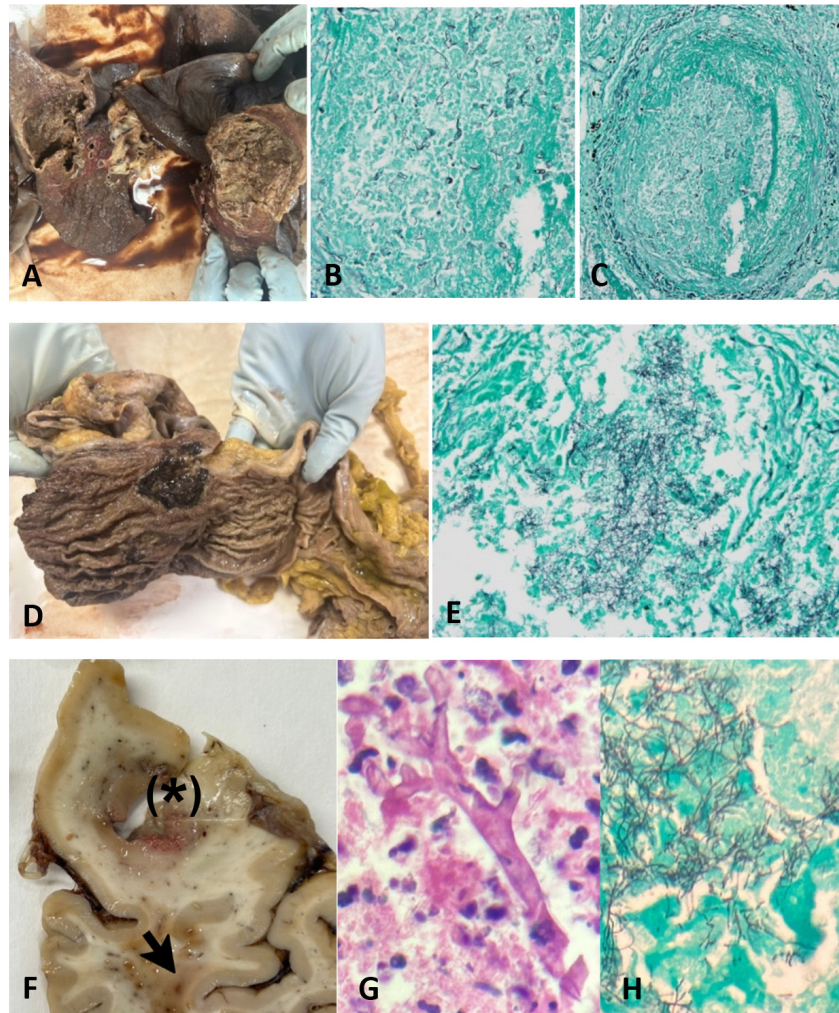


Figure 2 Macroscopic and histopathological study of clinical autopsy. Image A shows areas of necrosis and abscess formation in the left lung, consistent with mucormycosis. Image B and C shows areas of necrosis and abscess formation in the left lung, with thick, sparsely septate hyphae within vessels as observed in Grocott stain, with mucoral (scale bar 100 μm and 200 μm). Image D shows a gastric ulcer with transmurular necrosis, consistent with mucoral. Image E presents a cavitated lesion with areas of necrosis in a lymph node, Grocott stain positive for positive filamentous bacilli, consistent with *Nocardia* (scale bar 100 μm). Image F shows the macroscopic piece of central nervous system study, in which an acute necrotic lesion consistent with mucoral is observed (asterisk) upon a previous lesion in remission consistent with *Nocardia* (arrow). Image G shows the microscopic findings from the nervous system study, revealing sparsely septate hyphae at 90° in hematoxylin-eosin stain, consistent with mucoral (scale bar 50 μm). Image H reveals positive Grocott stain lesions with positive filamentous bacilli, consistent with *Nocardia* (scale bar 100 μm).

ited multiple risk factors for invasive fungal infection, including CMV infection, prolonged hospitalization, and subsequent admission to the ICU. Treatment involves a multidisciplinary approach combining antifungals and surgical interventions due to the rapid progression of mucormycosis [4].

Solid organ transplant recipients are particularly susceptible to opportunistic infections like nocardiosis and mucorales. These infections can occur in both post-transplant patients and those with normal immune function, often mimicking other diseases clinically and radiologically. Unfortunately, ac-

curate diagnosis may only occur when these diseases have already spread extensively. Therefore, it is crucial to remain vigilant for signs and symptoms to identify and treat these conditions early on. Highly immunosuppressed patients may develop multiple simultaneous opportunistic infections, posing a challenge for diagnosis and treatment when superinfections arise during ongoing treatment for a previous infection.

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None to declare

CONFLICTS OF INTEREST

The authors declare the absence of conflicts of interest.

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